



OCEANSIDE SENIOR ANGLERS



AED PROGRAM

The Oceanside Senior Anglers club has an **AED (Automated External Defibrillator)** unit that is brought to all club fishing trips and picnics in case it is needed.

An automated external defibrillator or AED is a portable electronic device that automatically diagnoses the potentially life threatening cardiac arrhythmias of ventricular fibrillation and ventricular tachycardia in a patient and is able to treat them through defibrillation, the application of electrical therapy which stops the arrhythmia, allowing the heart to reestablish an effective rhythm.

The club requires that trip chartermasters be trained and certified in the use of our AED unit, and they are responsible for having the unit on board. Event chairmen are also responsible for making sure the unit is available at club picnics. The Oceanside Senior Center, where we hold our monthly meetings, also has an AED located in the lobby.

Club members are encouraged to get CPR/AED training, which also includes basic CPR techniques. The club currently has four members certified to provide the training, and every year several classes are given for new certifications and renewals. Spouses are welcome at these training sessions — being a senior club we all can benefit from this training. To provide backup on club fishing trips, anglers are asked to indicate at trip signup time if they have current certification.

The AED program is administered by **Gerry Graf**, with assistance from **Marshall Goddard**, **Peter Rohrich** and **Barbara Gattuso**.

~ Fish & Play the Senior Anglers Way ~